

The **SUCCESS** **PLAYBOOK** for Young Adults

Confidence and character building from the world's leading training organization

More than ever, young adults need structure and support to help them reach their full potential. At Sandler Training,[®] that's what we offer with The Success Playbook for Young Adults, the training and development program designed to help students map out their personal, academic, athletic and professional aspirations.

With The Success Playbook, we've partnered with ChoicePoint Achievement to bring parents, teachers and students the expertise of a world leader in workforce training for nearly 50 years. We also bring countless success stories of professionals who have used our programs and philosophies to take their careers and lives to the next level.

Support to help young adults make good decisions during crucial years

The Success Playbook supports students on critical issues during their high school and college years, including making good choices, selecting a college and declaring a major. It also supports parents, who often face the task of being the standalone guide in their children's lives. It addresses their understandable concerns about whether "doing everything we can" is enough to set up their child for success.

- Does my child consider MY advice?
- Does my child have clear goals and aspirations?
- What are my child's strengths and areas of opportunity?
- Is my child maximizing opportunities inside and outside of school?
- Am I doing everything I can to prepare my child for success?



Sandler Training[®]

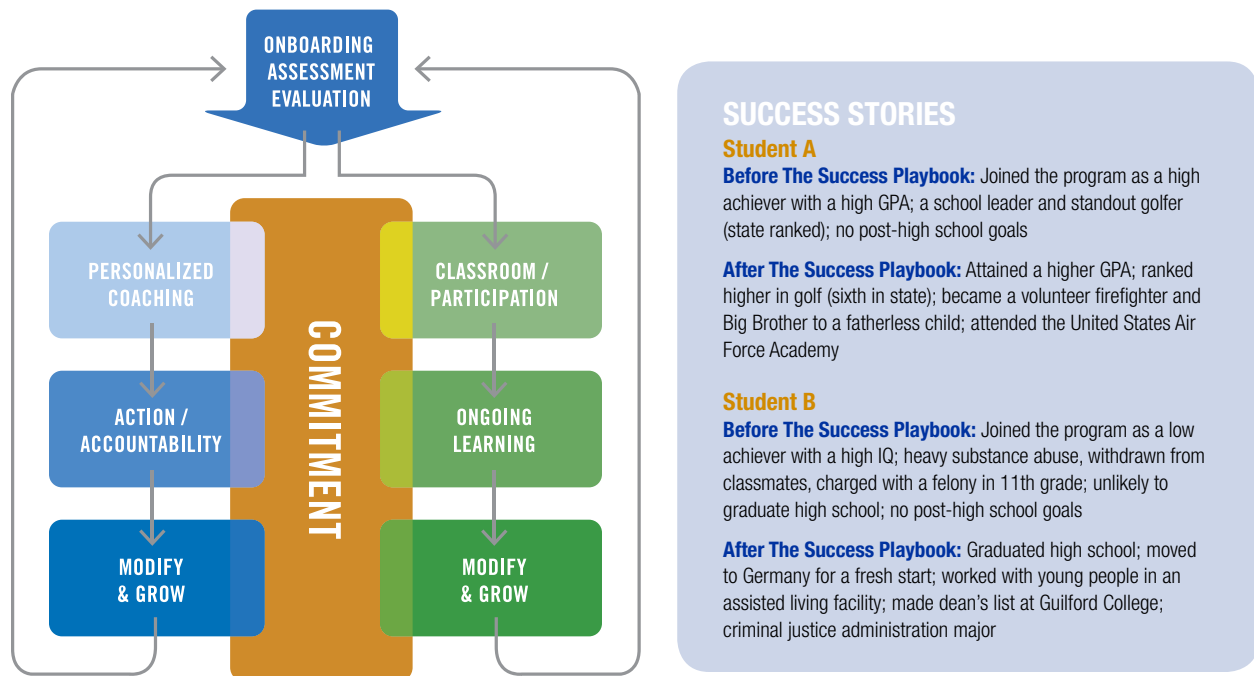
In partnership with  **ChoicePoint Achievement, Inc.**

A comprehensive program delivered in a safe and positive environment

The Success Playbook is a 12-month program conducted at Sandler Training centers across the U.S. It helps young people succeed with structured classroom participation and one-on-one coaching from trusted mentors. The curriculum includes:

- **Student assessment:** Utilizes tools from highly respected professional development authorities, including DISC® North America and The Devine Group
- **Goal setting:** Offers a 10-step process to provide students with a proven direction to help achieve personal goals
- **Time management:** Focuses on self-management, prioritization and task completion as well as using time as an ally and motivator
- **Communication skills:** Provides foundational written, verbal and non-verbal skills training to foster communication, confidence and skills
- **Leadership and influence:** Helps students explore the multiple roles that a leader may fill and how to execute them successfully
- **Mental toughness:** Examines personal assertiveness, focusing on feeling and expressing confidence in key personal and group situations
- **Career exploration:** Offers a skill enhancement plan for college, career or trade readiness

The Success Playbook Achievement Process



To learn more about The Success Playbook, contact a local Sandler trainer in your area www.sandler.com/training-centers.